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## **AMENDMENTS TO THE CLAIMS:**

The following listing of claims replaces all prior listings, and all prior versions, of claims in the application.

## **LISTING OF CLAIMS:**

- 1. and 2. (Cancelled).
- 3. (Currently amended) A method of production of a food ingredient which comprises allowing a mixture of bran and shorts obtained by grinding a mature seed of wheat or barley selected from a group of wheat, two-row barley and naked barley to be immersed in water under a condition of a pH of 4.0 to 5.03.0 to 5.5 and at 40 to 60°C for 1 to 6 hours, so as to provide a mixture of amino acids in the water, wherein athe content of free glutamine, in the mixture of amino acids, is 20 to 430mg/100g, athe content of free valine, in the mixture of amino acids, is 20 to 435mg/100g, athe content of free is isoleucine, in the mixture of amino acids, is 15 to 130mg/100g130mg/100g, athe content of free leucine, in the mixture of amino acids, is 35 to 435mg/100g, and athe content of free arginine, in the mixture of amino acids, is 25 to 300mg/100g, each of the foregoing contents being an amount of the amino acid released into water from 100g of the food ingredient by autolysis reaction.
- 4. (Currently amended) A method of the production of athe food ingredient according to claim 1 which comprises allowing a mixture of bran and shorts obtained by grinding ground product of an immature seed of wheat or barley selected from a group of wheat, two-row barley and naked barley to be immersed in water under a condition of a pH of 4.0 to 5.03.0 to 5.5 and at 40 to 60°C for 1 to 6 hours, so as to provide a mixture of amino acids in the water, wherein a content of

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free glutamine, in the mixture of amino acids, is 150 to 405mg/100g, a content of free valine, in the mixture of amino acids, is 190 to 325/100g, the content of free isoleucine, in the mixture of amino acids, is 125 to 145mg/100g, a content of free leucine, in the mixture of amino acids, is 350 to 520mg/100g, and a content of free arginine, in the mixture of amino acids, is 155 to 260mg/100g, each of the foregoing contents being an amount of the amino acid released into water from 100g of the food ingredient by autolysis reaction.

- 5.-13. (Cancelled).
- 14. (New) The method of production of the food ingredient according to claim 4, wherein said immature seed is a seed 4 to 5 weeks after heading.
- 15. (New) The method of production of the food ingredient according to claim 4, wherein the food ingredient is in a form of an aqueous solution.
- 16. (New) The method of production of the food ingredient according to claim 4, wherein the food ingredient is in a form of a dry powder, having been subjected to a drying treatment at 110°C or lower.
- 17. (New) The method of production of the food ingredient according to claim 4, wherein a composition ratio of each amino acid of valine, isoleucine, leucine, arginine and glutamine is 1:1:1-2:1 or greater:1 or greater.

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18. (New) The method of production of the food ingredient according to

claim 3, including the further step of incorporating said mixture of amino acids in a

food.

19. (New) The method of production of the food ingredient according to

claim 3, including the further step of incorporating said mixture of amino acids in a

drink.

20. (New) The method of production of the food ingredient according to

claim 4, including the further step of incorporating said mixture of amino acids in a

food.

21. (New) The method of production of the food ingredient according to

claim 4, including the further step of incorporating said mixture of amino acids in a

drink.

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